

**STUDY OF THE SECONDARY METABOLITES ACCUMULATION IN GARDEN CRESS (LEPIDIUM SATIVUM L.) UNDER THE EFFECT OF REYNOUTRIA × BOHEMICA CHRTEK ET CHRTRKOV LEAF EXTRACT**

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**Relevance**

**SUSTAINABLE DEVELOPMENT GOALS**

Garden cress - *Lepidium sativum* L., cabbage family - Brassicaceae

**Chemical composition**

- vitamin C (ascorbic acid)
- vitamin B1 (thiamine)
- vitamin B2 (riboflavin)
- vitamin B3 (niacin, nicotinic acid)
- vitamin B6 (pyridoxine)
- flavonoids
- tannins
- saponins
- alkaloids

**Pharmacological effect**

- hypotensive
- diuretic
- choleretic
- improvement of the gastrointestinal tract
- decrease in reabsorption of glucose in the kidneys - hypoglycemic effect
- vitamin

**Methods of research**

Moisture content	• GPM. 1.5.3.0007.15. "Determination of the moisture content in medicinal plant material and medicinal herbal preparations"
Tannins	• GPM. 1.5.3.0008.18. "Determination of tannins in medicinal plant raw materials and herbal preparations"
Ascorbic acid	• GPM. 2.5.0106.18 "Rosehip fruit" (adapted methodology)
Flavonoids	• GPM. 2.5.0015.15 "St. John's wort herb" (adapted methodology)

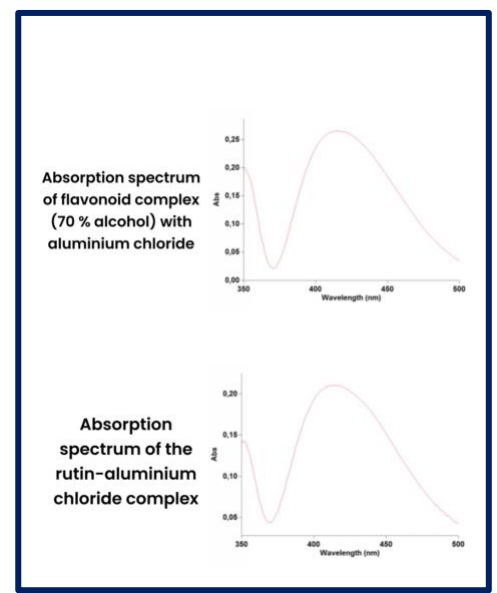
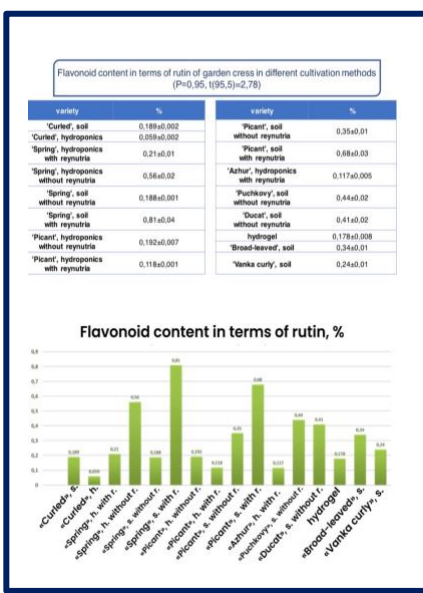
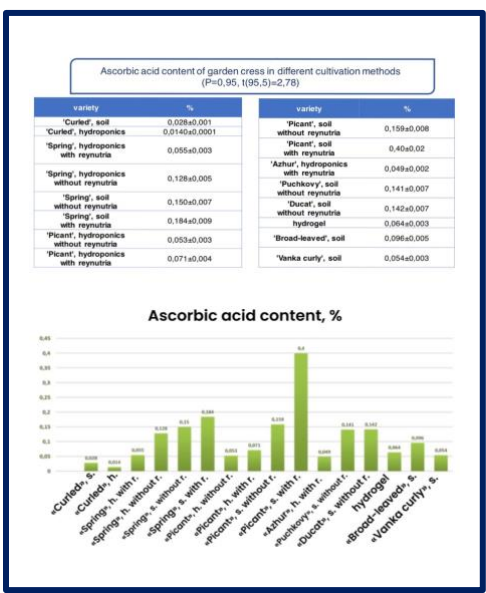
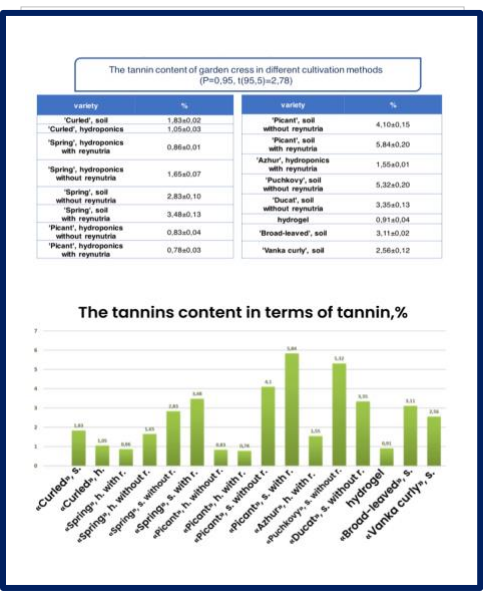
**Aim:** to study the variability of flavonoid, tannin and ascorbic acid content in garden cress depending on variety and cultivation conditions.

**Objectives:**

1. Carry out information-analytical available scientific literature on the research issues.
2. Determine the content of flavonoids, tannins and ascorbic acid in garden cress herb of different varieties grown on soil.
3. Determine the content of flavonoids, tannins and ascorbic acid in garden cress of different varieties grown on hydroponics and hydrogel.
4. Evaluation of the effect of a stimulant isolated from Bohemian reynutria on the accumulation of secondary metabolites (flavonoids, tannins and ascorbic acid) in garden cress of different varieties and cultivation methods.

Soaking for 1 day in a de-alcoholised extract (1:10, 70% ethanol, evaporated, dissolved in water) of *Reynoutria bohemica* (DERB) was used for seed pretreatment.

Garden cress "Spring"    Garden cress "Picante"



**Conclusions**

1. Garden cress contains various biologically active substances that have a positive effect on the human organism, a wide range of pharmacological activity has been established for different parts of the plant, which indicates the prospects of introducing garden cress into medical practice, and not only using it as a food plant with high nutritional value.
2. The growth and phenological development of plants on hydroponics was much faster, and significantly more phytomass was obtained than when growing by the soil method.

3. Presowing treatment of garden cress seeds with a stimulant from *Reynutria* positively influenced the growth and development of plants and accumulation of raw phytomass when growing garden cress on hydroponics (especially expressed) and on soil.
4. When comparing the quantitative content of tannins, flavonoids and ascorbic acid in garden cress of different varieties, it was found that the pre-sowing treatment of garden cress seeds with a stimulant from *reynutria* when sowing into the soil increases the content of tannins, flavonoids and ascorbic acid in the grass, and when using hydroponic method of growing plants grow too fast and have no time to accumulate BAS, their content is lower.

**References**

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